

DERMAL THERAPIES

Skin Consultation & Analysis (30 mins)

Complimentary with any facial treatment for first-time clients The skin is much more complex than what can be see with the naked eye - that's why we use the Observ 520 for professional skin analysis. With advanced analysis technology we can view blemishes, fine lines, dryness and uneven skin tone in depth. This allows us to better understand your unique skin concerns to treat existing imperfections, and even address underlying concerns before they become visible.

LightStim LED Light Therapy (30 mins) 30 minutes \$69 or add on to another treatment for \$30

LightStim's patented LED Light Therapy is the most effective, clinically-proven technology for achieving healthy and youthful skin. It is soothing, non-invasive, and can be used on all skin types. LightStim LED light therapy delivers light energy to skin in a similar way to plants absorbing light energy from the sun. LightStim emits UV-free, beneficial light rays that energise cells and stimulate the body's natural process to build new proteins and regenerate cells. This helps to increase collagen and elastin production, reduce inflammation, speed healing, increase circulation, and destroy acne bacteria. Perfect for treating a wide range of skin conditions such as acne, sun damage and aging.

Essential Balance Facial (45 mins) \$120

A universal treatment appropriate for all skin types and conditions. This revitalising treatment assists in boosting hydration, radiance and overall appearance of skin.

MicroHydrabrasion Express (30 mins) **\$90**

Perfect for those who lack time but want to see results. Targeting skin congestion, premature ageing and uneven skin-tones.

Performance (60 mins) \$160

This result-driven facial combines the power of both hydration (micro hydrabrasion) and skin resurfacing (peel) to improve skin tone, texture and overall appearance. This targets all signs of ageing, pigmentation, dehydration skin, congestion and dull skin tones.

Micro Needling (75 mins) \$299

Micro Needling works by stimulating your own body's collagen. Your body will start to naturally regenerate the skin, working below the surface in the dermis. New skin cells are generated & blood supply is enhanced. It will only take up to 6 weeks before visible signs of regeneration are seen & the process will continue over the following months, providing you with a gradual & long-lasting enhancement.

Dermaplaning (45 mins) **\$130**

Dermaplaning is a gentle method of exfoliating the skin. A surgical blade is worked over the face removing dead skin cells from the surface of the skin, as well as any fine vellus hair. Any fine hair removed during the treatment will not be stimulated or arow coarse. This treatment is ideal for blonde hair that cannot be treated by laser, sensitive skin not suitable

PEELS

Lactic Peel - Hydration Booster (45 mins) \$129

Lactic acid resurfacer delivers unrivaled hydration while increasing cellular turnover, epidermal and dermal hydration and improving skins texture. Ideal for most skins, even more sensitive skins, lactic acid resurfacer is gentle while actively exfoliating, brightening and helping to even skin tone. Paired with hyaluronic acid, this treatment is the ultimate in gentle yet effective professional treatments.

Power Pumpkin (45 mins) \$129

Power Pumpkin Resurfacer works to decrease active acne lesions while helping to prevent new acne formation while evening skin tone by lightening unwanted pigmentation. This treatment is ideal for thickened, resistant breakout-prone skin.

Mangobrite (45 mins) \$129

MangoBrite Resurfacer improves skin brightness, refine the appearance of fine lines and wrinkles to combat stubborn pigmentation. Known as the 'party peel', this treatment provides an instant glow

Power Peptide (45 mins) \$129

Power Peptide Resurfacer decreases wrinkle depth and lifts lines, provides an instant lift to the skin with increased firmness while providing a deep exfoliation for a smoother, firmer complexion. Perfect for clients concerned with lines and wrinkles, or clients needing a pre-event boost for their skin.

Lymphatic Therapy Facial (45 mins) \$139

Anti-Aging Plus - The Lymphatic Contouring Facial treats the skin from the inside out, working through the lymphatic system, the Contouring Mask creates a tightening effect on the skin. This constrictive function stimulates internal skin processes such as reverse osmosis.Designed to treat intensive fine lines, expression wrinkles and enlarged pores.Keeps skin feeling smooth and tight, improves moisture levels in the skin & overall skin health.

COSMETIC TATTOOING

Microblading (allow 90 mins) consult essential \$590

The feather hair stroke is the latest hair-simulation technique for beautifully natural-looking eyebrows. Delicate individual hairs which mimic real brow hairs are meticulously crafted and woven together in the direction of your natural brow hair, creating a softly feathered effect. The result is beautifully natural, on-trend eyebrows that are totally flattering to the whole face.

Powder Brows (allow 90 mins) consult essential \$690

If you are someone who prefers a fuller brow with a more defined 'makeup look', the powder brow mimics the appearance of natural brow make-up. Using a machine and permanent make-up techniques, pigments are shaded into the skin for a defined soft shape. Ideal for oily skin or sparse brows.

Combination Brows (allow 90 mins) consult essential \$690

Combination brows involve using both the microblading and powder brows technique. Feather strokes towards the front of

Tattoo Removal

Price and treatment time varies. Consultation essential.

We offer tattoo removal treatment for brow and body tattoos, via both laser and non-laser methods. The choice of method depends on the colour, age and area of the tattoo. The length and number of sessions required depend on your tattoo.

OTHER SERVICES

Hot Stone Massage

(45 mins) \$119 | (60 mins) \$135 | (90 mins) \$165

Calm the mind and relieve built-up tension and stress. This ritual combines a top-to-toe hot stone massage customized with essential oils and a skin healing mineralenriched cream.

Pedicures

Express (30 mins) \$60

A traditional pedicure that focuses on nails. Includes soak, file, shape, buff and cuticle work.

Deluxe (60 mins) **\$110**

The ultimate pedicure. Not only will feet be rejuvenated but dead skin will be vanquished. Includes all nail work, exfoliation, mask and massage. Your choice of product scent and polish.

Henna Brows \$65 Makeup \$80

Lash Botox \$95

Waxing & Tinting

Eyebrows/Lip/Chin: \$20 Full Face: \$45 Underarm: \$30 Full Arm: \$35 Bikini: \$30 Lash Tint: \$25 Lash and Brow Tint: \$38 **Eyelash Extensions** Classic Lashes \$115 Volume Lashes \$140 Lash Refill from \$80

Full Leg: \$55 ¾ Leg: **\$45** ½ Leg: \$35 Brazilian: **\$55** Extended Bikini: **\$40** Eyebrow Tint: **\$20** Eyebrow Wax and Tint: **\$30**

INFRARED SAUNA

Individual casual session (30 mins) \$45 Pack of 5 Sauna Passes (30 mins) \$150 Pack of 10 Sauna Passes (30 mins) \$250 Sauna Upgrades \$30 (single session that is partnered with other MedSpa treatments in the same visit).

Unlike traditional saunas which operate at extremely harsh temperatures, infrared is a gentle, soothing and therapeutic heat that promotes relaxation and improved sleep. Infrared sauna benefits include therapy that helps you relax while receiving an invigorating deep-tissue sweat, leaving you fully refreshed after each session. Our sauna features near, mid and far infrared wavelengths which can assist with detox, weight management, cardiovascular health, skin health and relaxation.

Plasmedic Skin Tightening

Price and treatment time varies depending on area being treated. Consultation essential.

The Plasmedic device creates a voltage difference between the device and skin resulting in a small millimetre size carbon spot where the excess skin has been evaporated. Using our reduction grid method and the formation of new Collagen and Elastin the skin becomes tighter, lifted and wrinkles smoothed out and reduced. Areas that can be treated include under and upper eyelid, crows feet, frown lines, forehead, cheeks, upper lip, nasolabial folds, jawline, turkey neck and more.

the brow are combined with shading and mimics the natural brow growth.

Ombre Brows (allow 90 mins) consult essential \$690

Ombre brows involve using the powder brow technique with fading at the front of the brows. This creates a gradient effect in the brow from light to dark resulting in a soft but defined naturallooking brow.

ELYSIUM DAY SPA

NEED MORE SKIN TREATMENTS & SERVICES?

Our sister clinic Elysium offers a diverse range of skin and body treatments such as Tinting, Waxing, Massage, Brow Tattoos, Facials and various Body Treatments. To find out more visit: www.elysiumdayspa.com.au

